

# Cinnamon & Lemon Bread

## Ingredients

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350 oz Coarse Wholemeal  
1 t Cinnamon  
1 pn salt  
1 Grind of a lemon  
1 t Bread Soda  
125 g Natural Yogurt  
3 oz Dark Brown Sugar  
3 T Sunflower Oil  
1 egg  
150 ml milk

## Instructions

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<ol>  
<li>Preheat oven to 190Â°C/375Â°F/Gas</li>  
<li>Lightly grease a 900g/2lb loaf tin.</li>  
<li>Put the wholemeal, cinnamon, salt and lemon rind into a mixing bowl. Sieve in the bread soda and mix well.</li>  
<li>Lightly beat the yogurt, sugar, sunflower oil, egg and milk together and add to the dry ingredients. Stir well.</li>  
<li>Transfer to the prepared tin and bake for about an hour.</li>  
<li>Turn onto a wire tray to cool.</li>  
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